## **PSHE**

## How do we make a difference?

How do we unlock our potential to become a responsible global citizen?											
	FS2	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6				
Term 1 & 2  How do we develop positive respectful relationships?  EYFS- Self regulation throughout.	How am I a valuable individual?  How can I build constructive and respectful relationships?  Building relationships Work and play co-operatively and take turns with others.  Form positive attachments to adults and friendships with peers.  Managing self Explain the rules, know right from wrong and try to behave accordingly.  The focus of their role in their family and community including likes, dislikes, family members and culture.  Listening skills with staff and peers. Involving sharing and playing with friends and peers.  Develop strategies for staying calm and interacting as part of a group.	What is the same and different about us? Who is special to us?  A Roles of different people; families; feeling cared for; A Recognising privacy; staying safe; seeking permission; How behaviour affects others; being polite and respectful  Families and Friendships, Safe relationships, Respecting ourselves and others	What makes a good friend? What is bullying?  Making friends; feeling lonely and getting help Managing secrets; resisting pressure and getting help; Recognising hurtful behaviour Recognising things in common and differences; playing and working cooperatively; sharing opinions  Families and Friendships, Safe relationships, Respecting ourselves and others	How can we be a good friend? What are families like?  What makes a family; features of family life Personal boundaries; safely responding to others; the impact of hurtful behaviour Recognising respectful behaviour; the importance of self-respect; courtesy and being polite  Families and Friendships, Safe relationships, Respecting ourselves and others	How do we treat each other with respect?  A Positive friendships, including online  Responding to hurtful behaviour; managing confidentiality; recognising risks online  Respecting differences and similarities; discussing difference sensitively  Families and Friendships, Safe relationships, Respecting ourselves and others	How can friends communicate safely?  Managing friendships and peer influence Physical contact and feeling safe Responding respectfully to a wide range of people; recognising prejudice and discrimination  Families and Friendships, Safe relationships, Respecting ourselves and others	What will change as we become more independent? How do friendships change as we grow?  Attraction to others; Romantic relationships; civil partnership and marriage Recognising and managing pressure; consent in different situations Expressing opinions and respecting other points of view, including discussing topical issues  Families and Friendships, Safe relationships, Respecting ourselves and others				
Term 3 & 4  What does it mean to be a responsible citizen and how can we contribute to our community?	How can I express my feelings and consider he feelings of others? How can I show use my learning powers in the face of challenge?  Building relationships Show sensitivity to their own needs and others.  Developing descriptive vocabulary to express their feelings. Reflecting and selfevaluating my own and other's work. Understanding that mistakes are an important part of learning.	What can we do with money?  How can we look after each other and the world?  What rules are; caring for others' needs; looking after the environment  Using the internet and digital devices; communicating online Strengths and interests; jobs in the community  Belonging to a community  Media literacy and digital resilience  Money and work	What jobs do people do?  Belonging to a group; roles and responsibilities; being the same and different in the community The internet in everyday life; online content and information What money is; needs and wants; looking after money  Belonging to a community Media literacy and digital resilience Money and work	What makes a community?  If the value of rules and laws; rights, freedoms and responsibilities  How the internet is used; assessing information online  Different jobs and skills; job stereotypes; setting personal goals  Belonging to a community Media literacy and digital resilience Money and work	How can our choices make a difference to others and the environment?  What makes a community; shared responsibilities How data is shared and used Making decisions about money; using and keeping money safe  Belonging to a community Media literacy and digital resilience Money and work	What decisions can people make with money? What jobs would we like?  Protecting the environment; compassion towards others How information online is targeted; different media types, their role and impact Identifying job interests and aspirations; what influences career choices; workplace stereotypes  Belonging to a community Media literacy and digital resilience Money and work	How can the media influence people?  A Valuing diversity; challenging discrimination and stereotypes  Evaluating media sources; sharing things online  Influences and attitudes to money; money and financial risks  Belonging to a community Media literacy and digital resilience Money and work				

Term 5 & 6	What do I need to do to meet	What helps us stay	What helps us to stay	What keeps us safe?	How can we manage our	What makes up a person's	How can we keep healthy as we
Term 5 a 0	my needs?	healthy?	safe? What helps us grow and	Why should we eat well and	feelings? How will we grow and	identity? How can we help in an	grow?
	Managing Self	Who helps to keep us safe?	stay healthy? How do we	look after our teeth?	change? How can we manage	accident or emergency? How	What affects mental     ■ What affects mental
How do we	Manage their own basic	tine neips to neep as suje.	recognise our feelings?	Why should we keep active and	risk in different places?	can drugs common to everyday	health and ways to take
keep each	hygiene and personal needs.	Keeping healthy; food and	. coogse our jeegs.	sleep well?	Tion in any croise places.	life affect health?	care of it; managing
other safe and	Including dressing, going to the	exercise, hygiene routines;		Sieep wem		Healthy sleep habits; sun	change, loss and
healthy?	toilet.	sun safety	medicines and keeping	Health choices and habits:	lifestyle; oral hygiene and	safety; medicines/	bereavement; managing
,	15.1011	Recognising what makes	healthy; keeping teeth	what affects feelings;	dental care	vaccinations/	time online
	To understand the importance	them unique and special;	healthy; handling feelings	expressing feelings	Physical and emotional	immunisations/ allergies	
	of healthy food choices.	feelings; managing when	and asking for help	Personal strengths and	changes in puberty;	Personal identity;	birth; increasing
	,	things go wrong		achievements; managing	external genitalia;	recognising uniqueness	independence; managing
		How rules and age	body parts; moving class	and reframing setbacks	personal hygiene routines;	and different qualities;	transition
	Targets for next year.	restrictions help us;	or year	Risks and hazards; safety	support with puberty	mental wellbeing	Keeping personal
		keeping safe online	Safety in diverse settings;	in the local environment	Medicines and household	Keeping safe in different	information safe;
	strategies for staying		risk and safety at home;	and unfamiliar places	products; drugs common	situations: responding in	regulations and choices;
	calm and interacting as	Physical health and Mental	emergencies		to everyday life	emergencies/ first aid/	drug use and the law; drug
	part of a group.	Wellbeing		Physical health and Mental		FGM	use and the media
		Growing and changing	Physical health and Mental	Wellbeing	Physical health and Mental	Physical health and Mental	Physical health and Mental
	*Even though EYFS are	Keeping safe	Wellbeing	Growing and changing	Wellbeing	Wellbeing	Wellbeing
	mapped into the LTP they		Growing and changing	Keeping safe	Growing and changing	Growing and changing	Growing and changing
	will move fluidly according		Keeping safe		Keeping safe	Keeping safe	Keeping safe
	to needs and interests of						
	_						
	the children to keep the						
	integrity of the Early Years						
	Framework.						