



Spalding Parish Church of England Day School

A Model for a Child's Finger Prayer

Many children learn to count on their fingers so why not teach them to pray by using their fingers!

THUMB -

Your thumb is the digit nearest to your heart, so pray first for those who are closest to you.

SECOND FINGER -

The second finger is the one used for pointing. Pray for those who point you and others toward the truth, whether at church, home or school. Pray for teachers, carers, pastors, parents.

THIRD FINGER -

The third finger is the tallest, pointing up towards heaven. Give thanks to God for who he is and what he does for us.

FOURTH FINGER -

The fourth finger is the weakest. Pray for those who are in trouble and pain - the sick, injured, lonely, depressed, frightened. Pray also for God's forgiveness for your times of spiritual weakness and failure (i.e. confess your sins to him).

LITTLE FINGER -

The little finger is the smallest and last finger. We pray for our own needs last of all.



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