



# Spalding Parish Church of England Day School

*Wholly inclusive, striving for fulfilment, empowering the flourishing of our world*

6<sup>th</sup> March 2026

Dear Parent/Carer,

## **Year 1 Design Technology Designing and Making Fruit Smoothies**

During Term 4, as part of our Design Technology lessons, the children in Year 1 are going to be designing and making fruit smoothies. This will firstly involve handling and tasting some different types of smoothies. The children will then move onto to designing and making smoothies using a small selection of fruit and fruit juices.

We are planning on using the following:

<b>Readymade Smoothies</b>	<b>Fruit</b>	<b>Juices</b>
Sainsbury Mango and Passion Fruit Smoothie	Strawberries and Bananas	Apple Juice
Sainsbury Pineapple, Banana and Coconut Smoothie	Blueberries	
Sainsbury Strawberry and Banana Smoothie	Lemons	

Although you have already informed us when your child started school us of any allergies that your child may have, please can you let us know again on the permission slip attached, so we have the most up to date information, of any dietary requirements that may affect your child's opportunity to sample the food tasting.

We are looking forward to this fantastic 'hands on' learning opportunity for the children. If you have any questions or concerns regarding this activity then please do not hesitate to speak with one of the Year 1 team.

Yours sincerely

Sarah Ekins, Imogen Gold, Chloe Johnson.  
Year 1 Team

**Year 1 Design Technology**  
**Designing and Making Fruit Smoothies**

🏠 I **\*do/do not** give permission for my child ..... in class  
..... to take part in the food tasting and making during Design Technology lessons.

🏠 My child **\*does/does not** have any dietary requirements.

Where there are dietary requirements, please list them below:

.....  
.....

*\*delete as necessary*

Signed (Parent/Carer): ..... Date: .....