



Spalding Parish Church of England Day School

Wholly inclusive, striving for fulfilment, empowering the flourishing of our world

6th July 2026

Dear Parent/Carer,

Relationships, Sex and Health Education Policy Parental Consultation

As a part of your child's educational experience at SPCEDS we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

As you will already be aware, the Department for Education announced changes to relationships and sex education following nationwide consultation. These changes became statutory in 2020 and all schools are required to comply with the updated requirements. The statutory guidance can be found at <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>.

The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values needed in order to have safe, fulfilling relationships and to help them take responsibility for their own well-being.

Consequently, as of September 2020, Relationships and Sex Education (RSE), along with Health Education, is now statutory and forms part of the National Curriculum.

Our RHSE curriculum and policy are reviewed each academic year so that we can ensure our RSHE provision is appropriate for our pupils based on their:

- **Age, and physical and emotional maturity**
- **Religious and cultural backgrounds**
- **Special educational needs and disabilities**



Clay Lake, Spalding, Lincolnshire, PE11 2QG Tel: 01775 722333
enquiries@spaldingparish.laat.co.uk

Follow us on Facebook: Spalding Parish Church of England Day School
Interim Executive Head Teacher: Diane Mulley

This includes the opportunity for all stakeholders to feedback any views and whilst we appreciate that there are differences of opinion about the content. This will help to inform our schools' decisions on when and how certain content is covered and enable us to reach a general consensus.

What is taught and how is ultimately a decision for the school and consultation does not provide a parental veto on curriculum content as schools are legally required to teach the National Curriculum.

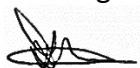
To help you understand the curriculum requirements, I have attached the information alongside this letter. This information can also be found on our website, which I would encourage you to read. This includes:

- **A summary of what all pupils are expected to know by the end of primary school;**
- **DfE guidance that outlines statutory requirements.**

More detailed curriculum documents for each Year Group regarding the RHSE curriculum for Terms 6 will also be sent out to parents/carers linked to the Year Group your child/ren is in.

We hope you find this letter and attached documentation useful and that it helps you understand the RHSE curriculum in school. If you have any queries or concerns, please do not hesitate to contact a member of the leadership team via the school office or via feedback@spaldingparish.laat.co.uk.

Kind regards,



Diane Mulley
Interim Executive Head Teacher

