



Spalding Parish Church of England Day School

Wholly inclusive, striving for fulfilment, empowering the flourishing of our world

6th March 2026

Dear Parent/Carer,

Year 3 Design Technology Term 4 Designing and Making Sandwiches

During Term 4, the children in Year 3 are going to be designing and making sandwiches. This will firstly involve handling and tasting some different types of bread. The children will then move onto designing and making sandwiches choosing from a selection of bread, fillings and salad.

We are planning on using the following:

Bread	Fillings	Salad
Wholemeal bread	Ham	Cucumber
White bread	Cheese	Tomato
Sourdough bread	Tuna	Lettuce
Pitta Bread	Hummus	Grated carrot
Brioche	Chicken tikka	
with dairy-free spread	Vegan mayonnaise	

Although you have already informed us when your child started school us of any allergies that your child may have, please can you let us know again, on the attached permission slip, so that we have the most up to date information of any dietary requirements that may affect your child's opportunity to sample the food tasting.

We are looking forward to this fantastic 'hands on' learning opportunity for the children. If you have any questions or concerns regarding this activity then please do not hesitate to speak with one of the Year 3 team.

Yours faithfully,

Katey Robinson and Aaron Robinson
Year 3 Team



Clay Lake, Spalding, Lincolnshire, PE11 2QG

Tel: 01775 722333

enquiries@spaldingparish.laat.co.uk

Follow us on Twitter: @SPCEDS

Head Teacher: Diane Mulley

**Year 3 Design Technology Term 4
Designing and Making Sandwiches**

Please complete and return the form below to the Class Teacher by Monday 9th March 2026.

 I ***do/do not** give permission for my child in class
..... to take part in the food tasting and making during Design Technology.

 My child ***does/does not** have any dietary requirements.

Where there are dietary requirements, please list them below:

.....
.....
.....

Signed (Parent/Carer): Date:

