



Spalding Parish Church of England Day School

Wholly inclusive, striving for fulfilment, empowering the flourishing of our world

5th March 2024

Dear Parent/Carer

Foundation Stage 2 Brushing of Teeth

As part of the Foundation Stage Curriculum we teach the children about healthy habits for life. This covers aspects such as food, exercise and personal hygiene. A Government initiative is for every child to understand the importance of looking after their teeth with many nurseries already offering this after lunch. Therefore, we are introducing brushing of teeth after lunchtime within our setting. Please note the following:-

- Each child will be provided with their own toothbrush that is kept in a named, sealed bag.
- Each child will be provided with a small (pea sized) amount of toothpaste on their brush.
- We will look at how to brush our teeth effectively.
- Each child will brush their teeth for 2 minutes.

IMPORTANT

Should you wish to provide your own toothbrush or toothpaste then please ensure it is in a named bag. Should your child need special toothpaste due to a known allergy please see a member of the team. This is in ADDITION to your tooth brushing routines at home where children should brush their teeth for 2 minutes in a morning and 2 minutes at night time.

Please complete the attached slip and return it to school as soon as possible.

Yours sincerely

Annabel Cooper
Foundation Stage Lead



PART OF THE TRANSFORMATIONAL
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Foundation Stage 2 Brushing of Teeth

Child's Name: Class:

Please answer the following consents choosing only ONE answer to statements number 2 and 3.

1) My child has no known allergy to toothpaste.

2) I will provide a toothbrush for my child in a named sealed bag.

OR

I am happy for school to provide my child with a toothbrush.

3) I will provide toothpaste for my child in a named sealed bag.

OR

I am happy for school to provide my child with toothpaste.

Signed (Parent/Carer): Date: