## Parish Parents' Workshops

## Healthy Treats

Come and join us for our next Parent Workshop. Healthy Treats is a session focussed on making snack time a fun experience for all the family. We will make pitta bread pizzas, trail mix and rice cake faces. The session will be on Friday  $22^{nd}$  March. It will begin at 1:30pm and run until 3:00pm.

I really look forward to seeing you there!



If you are interested in signing yourself, or a family member up to one of our workshops, please do so via the School Office. There is a limited number of spaces per session so places will be allocated on a first come, first serve basis. Spaces allow for two adults to attend per child/sibling set. Opportunity to sign up will close a week before the session goes ahead to allow time for resources to be bought so do sign up in advance to avoid disappointment. If you have any queries you wish to ask before singing up, please do not hesitate to contact Miss Hardy via email at enquiries@spaldingparish.laat.co.uk