



Spalding Parish Church of England Day School

17th October 2023

Dear Parent/Carer

Bikeability Balance Training

We are very excited to share that we will be hosting a Bikeability Balance Training course at SPCEDS in January 2023. This is a development programme that uses specifically designed bicycles to get young children active and having fun. The balance bikes have no pedals and give children the confidence to develop their agility, balance and coordination skills needed for riding a bike and physical development. **Your child does not need their own bicycle to take part; all equipment will be provided.**

Before plans are finalised it would be helpful to have an indication of the possible number of children who would like to take part in this training. Places on this course are limited due to available instructors and safety procedures which need to be adhered to, to ensure the safety of all involved.

If you would like your child to take part in the training, please complete the slip on the attached flyer and return it to school by **Thursday 19th October**. Places are limited, so please ensure you return the slip by the deadline. You will be informed in the following weeks as to whether your child will be taking part in the course. If you have any questions or require further information, please do not hesitate to get in contact.

Yours sincerely

Amelia Siddall
PE Subject Lead



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