



# Spalding Parish Church of England Day School

27<sup>th</sup> September 2022

Dear Parent/Carer

## **Parent/Carer Wellbeing Survey**

Everyone knows that wellbeing is particularly important to children and young people. It is thought to influence the way in which an individual copes with key life events such as stress, trauma and physical ill-health. Building a positive wellbeing culture helps children feel safe, supports with decision making whilst increasing engagement and readiness to learn. As such all at Spalding Parish are committed to building a positive wellbeing culture for all.

As part of this commitment the Trust is currently undertaking a pilot with Bounce Together which Spalding Parish are fortunate enough to be part of. Bounce Together is an intuitive, online mental health and wellbeing survey platform for schools and has been built to help schools create regular temperature checks of everyone in school. In turn this will help support the development of our whole-school approach to mental health and wellbeing.

Over the course of the academic year we will be undertaking pupil surveys to review their views around wellbeing. However, as part of our planned work this year we would also like to gauge parents/carers views around mental health and wellbeing. As such we have given all parents/carers access to a wellbeing survey (see links below – please use the link for your child’s class). This questionnaire has been designed by the Bounce Together team in partnership with Governors for Schools to help schools gain more understanding about parent/carers views towards a school’s wellbeing and mental health environment, policies and culture. This information, alongside the feedback we receive from other stakeholders will help us continue to improve what we can offer to the children and our community. We would therefore appreciate it if as many parents/carers as possible could complete the survey so that we have a clear picture of current needs. If questionnaires could be completed by Friday 30<sup>th</sup> September please.



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Head Teacher: Diane Mulley

One of the benefits of the Bounce Together platform is the Immersive Reader aspect, which means the questionnaire can be translated into different languages. To access this simply click on the speaker next to the question (you do need to do this question by question). This will take you to a separate page where, if you click on the open book at the top of the page, you can choose the language. You do just need to ensure 'By Word' and 'Document' are both switched on.

To access the questionnaire simply click on the link below based on your child's class. If you do have more than one child and are able to complete more than one questionnaire, we would appreciate it as we are aware that responses may differ.

- FS2AC** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76781>
- FS2KB** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76782>
- Y1CH** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76783>
- Y1EWSE** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76784>
- Y1PB** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76785>
- Y2AR** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76786>
- Y2DO** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76788>
- Y2SD** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76787>
- Y3CC** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76790>
- Y3EP** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76789>
- Y3SH** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76791>
- Y4IN** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76792>
- Y4KR** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76793>
- Y4LS** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76794>
- Y5RW** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76795>
- Y5TS** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76796>
- Y6AS** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76797>
- Y6EW** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76798>
- Y6KB** - <https://app.bouncetogether.co.uk/shrt/V2PWLW40OU/76799>

Thank you in anticipation of your continued support. Any questions, please get in touch.

Kind Regards,  
Diane Mulley  
Head Teacher



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