

Me & My Relationships

Lesson	Why we have classroom rules	Thinking about feelings	Our feelings	Feelings and bodies	Our special people balloons	Good friends
Vocabulary	rules safe responsibility work together	feelings body language emotions safe support	feelings behaviour	hurt help feelings heal	family special people	friendship making up

Valuing Difference

listening	How are you listening?								
		Same or different?	Unkind. Tease or bully?	Harold's school rules	Who are our special people?	It's not fair!	Healthy me	Super sleep	
	same	unkind	rules	special people	fair	energy	sleep		
	different	unkindness	safe	qualities	unfair	food	rest		
	difference	tease	fair	feelings	kind	water	grow		
	respect	teasing			unkind	air	tired		
		bully			bullying	oxygen			
		bullying				exercise			
		behaviour				sleep			
						healthy			
						dairy			
						fruit			
						vegetables			
						sugar			
						salt			
						cereal			
						meat			

Keeping Myself Safe

Rights and Responsibilities

	Who can help? (1)	Harold loses Geoffrey	What could Harold do?	Good or bad touches?	Harold's wash and brush up	Around and about the school	Taking care of something	Harold's money
feelings worried nervous scared support unsafe	feelings emotions loss lost	medicine safe harmful responsibility	private trust privates	hygiene routine clean	environment responsibility	needs responsible responsibility rules	money cost bills spending afford	

Being my Best

How should we look after our money?

Basic first aid

I can eat a rainbow

Eat well

Catch it! Bin it! Kill it!

Harold learns to ride his bike

Pass on the praise!

Harold has a bad day

money
bank
coin
note
worth
saving
safe

first aid
risk
accident
danger
hazard
kettle
safe
burn
scald
accident
emergency

starchy
dairy
protein
fruit
vegetables
vitamins
portion

healthy
fruit
vegetables
dairy
meat
sugar
salt
cereal

germs
disease
hygiene
spread

learning
practice
make mistakes
confidence
achievement

praise
support
feedback
encourage
feelings

behaviour
consequences
special person
promise

Growing and Changing

Inside my wonderful body!	Taking care of a baby	Then and now	Who can help? (2)	Surprises and secrets	Keeping privates private
organ	caring	change	unkind	surprise	privates
heart	love	growing	unkindness	secret	private
lungs	attention		tease	uncomfortable	penis
intestines			teasing		vulva
brain			bully		hygiene
stomach			bullying		
oxygen			witness		
digested			experience		
			getting help		