



Spalding Parish Church of England Day School

4th November 2020

Dear Parent/Carer

PE Update due to Covid

Building on from Term 1, we would like to return to more physically active PE lessons focused on personal challenge, fitness levels and skill development. Due to the current restrictions surrounding Coronavirus, we have taken the decision to slightly amend the school policy regarding PE kit for lessons, in order to minimise risk. Where before we have encouraged the changing of footwear on the days when your child has PE, they will now need to come to school wearing their school jumper and t shirt as normal, along with a pair of jogging bottoms and trainers. They will remain in this kit for the duration of the day.

In accordance to government guidance, lessons will take place outside for the foreseeable future. With this in mind, please ensure your child has weather appropriate footwear (trainers) and has access to extra layers to ensure they can add layers for warmth if needed. A waterproof jacket for wet weather is also recommended. Jogging bottoms should be plain black or navy in colour with no logos, stripes or patterns. Children may choose to bring a change of footwear which they can change into if they require.

Please see the table below for the days when your child will be required to attend school in their PE Kit:

Class	Day	Class	Day	Class	Day
FS2	Wednesday	Y2AC	Tuesday	Y5CC	Wednesday
Y1CR	Friday	Y3NP/RW	Thursday	Y5AS	Wednesday
Y1HH	Friday	Y3EP	Thursday	Y5EW	Wednesday
Y1JC/SE	Friday	Y4CH	Monday	Y6KR	Wednesday
Y2AR	Tuesday	Y4SH	Monday	Y6KB	Friday
Y2DN	Tuesday	Y4IN	Monday		

There are a wide range of benefits associated with exercising and positive mental and physical health which highlights the importance for children to return to PE lessons in the safest way possible. The safety and welfare of the children and adults in school is paramount and we hope that you will support the decisions that have been made during very difficult circumstances. If you have any questions, please do not hesitate to speak with your child's class teacher using the year group emails.

Yours sincerely

Amelia Siddall
PE Subject Lead



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