



## BEHAVIOURS OF CONCERN

### Free Interactive workshop on Zoom with a behavioural Specialist

Join LPCF and Chris from Aspens to explore behaviours of concern and the strategies you can use in your daily lives to help your child, yourself and your family.

**Wednesday 31st March 6pm –8pm**

**Tuesday 20th April 1.30pm—3.30pm**

**These workshops have been requested by parents on the LPCF membership.**

(if you are a parent of a child with SEND you can join the membership via the website).

Email [admin@lincspcf.org.uk](mailto:admin@lincspcf.org.uk) for your invitation.

**See over for more details**





## BEHAVIOURS OF CONCERN

“Behaviours of concern can be not only highly stressful for the family, but also take up so much time and resources that they can have a large impact on the family and child engaging in everyday activities.

The sessions will look at:

- What are behaviours of concern
- The types of behaviours that may be displayed (such as verbal and physical aggression, breaking objects, escape and avoidance and self-neglect)
- What happens physically to a child when displaying behaviours of concern
- How to establish what the behaviour may be telling us
- Why they may happen
- How to put a plan into place, as well as some strategies that may help reduce such behaviours”



**aspens**

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