

Spalding Parish Church of England Day School

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Head Teacher: Diane Mulley

6th November 2019

Dear Parent/Carer

Anti-Bullying Week Monday IIth to Friday 15th November 2019



On the lead up to Children in Need day, the staff and children at our school will be supporting Anti-Bullying Week. The theme for this year is 'Change Starts With Us'.

Small change. Big difference.

Whether it is verbal, physical, online or in-person, bullying has a significant impact on a child's life well into adulthood. By making small, simple changes, we can break this cycle and create a safe environment for everyone. Because together, we can challenge bullying. Change starts with a conversation. It starts with checking in. It starts with work together.

The children will be taking part in a range of activities during the week in their classes. On Tuesday 12^{th} of November, we are inviting all children and adults to wear odd sock or colourful tights to highlight that we are all unique and wonderful.

Thank you for your continued support.

Kim Bird Assistant Head Teacher