



Grow Your Own!

This is a **free** Family Learning course available to all mums, dads, grandparents and carers!

Would you like some tips on how to 'grow your own' fruit, flowers, herbs or vegetables?

Would you like to know how to encourage more wildlife in outside spaces?

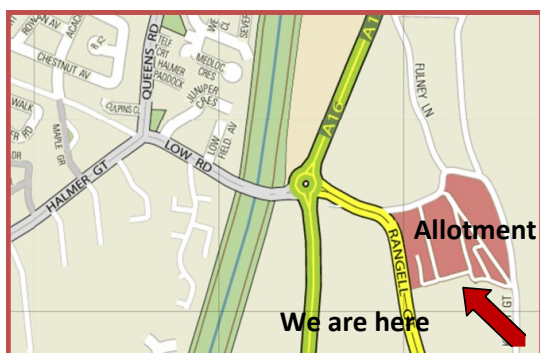
Would you like to meet new people?

Bring your 'little growers'

This course is for you!



Course Details – 4 week course!



**Tuesday 21st January to
Tuesday 11th February
12.30pm – 2.30pm**

Practical session at the Allotment for 12.30pm and then onto the IVO Resource & Day Centre for refreshments and second part of the course.

Venue details:

Allotment: Fulney Lane South, Low Fulney, Spalding
PE12 6FA

IVO Centre: 67A Albion St, Spalding PE11 2AU

Refreshments available!

**For more details and to book contact: Tracy Cuthbert - 07867501371 or
GrowAndShare@lincolnshire.gov.uk**