

# Free Dental checks for your child

Your child should have had their first dental check-up before their 1<sup>st</sup> birthday.

You should then attend regular dental check ups around every 6 months, but this might be every 3 months for some children.

Your children's milk teeth are important and without regular checks from an early age they are at risk of tooth decay.

If your child has a phobia of the dentist or has a Special Educational Need that might stop them from attending a regular dentist then contact Sam Bocock (SENCo) via the school office for more information.

We know there are lots of children who haven't yet seen a dentist. Use the details below to find your closest dentist.

## How to find a dentist in Lincolnshire

- Visit the NHS website at [www.nhs.uk/dentists](http://www.nhs.uk/dentists)
- Call one of the following organisations who can also help with any general enquiries about NHS dental services:
  - Patient Advice and Liaison Service (PALS) 0300 123 9553
  - Health Watch Lincolnshire 01205 820892

**If you require urgent dental care call 111 and an adviser will direct you to the correct service**

For information on what to expect during a dental check-up please visit

<http://www.nhs.uk/livewell/dentalhealth/pages/dentalcheckups.aspx>

**Please note if a practice is not currently taking on new NHS patients you may be asked to join their waiting list.**