



## Learning Project – Food

Age Range: FS2

### Weekly Maths Tasks (Aim to do 1 per day)

- 🔥 Watch a Numberblocks clip each day at: [BBC](https://www.bbc.com/1/numberblocks). Use this guide [here](#) to give you ideas on what to do with your children whilst watching an episode.
- 🔥 Work on [Numbots](#) - your child will have an individual login to access this.
- 🔥 Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?
- 🔥 Explore weighing and measuring food on the kitchen scales. Compare the weight of two items. Which is heavier / lighter?

#### Extension

- 🔥 Predict and record the weight of certain food items. You could record your results in a table. See example:

Food item	Predicted Weight (what I think)	Actual Weight (what the scales showed)
A packet of crisps	20g	25g
An apple	50g	70g

### Weekly Reading Tasks (Aim to do 1 per day)

- 🔥 Read a variety of books at home. Favourites can be repeated. Hearing the patterns of language in a story will support your child's language development.
- 🔥 Reception age children: Children to read to parents daily. Visit Oxford Owl for free eBooks that link to your child's book band. You can create a [free account](#). Complete the linked Play activities for each book.
- 🔥 Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list. Select a recipe and make this together. Encourage your child to read the labels on packaging to figure out which ingredient it is.
- 🔥 Learn to read the Phase 3 High Frequency Words on sight. (see below).

will	now	them	then
that	down	with	too
this	look	see	for

### Weekly Phonics/Spellings Tasks (Aim to do 1 per day)

- 🔥 Rhyming words – encourage your child to hear rhyming words when singing nursery rhymes or songs. Can they think of three words that rhyme with each of the following words –
  - cat - \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.
  - dog - \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.
  - man - \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.
- 🔥 Daily phonics - Use Phonic Play. We recommend the following sequence of games each day -
  - Flashcards or Tricky Word Trucks
  - Picnic on Pluto, Buried Treasure or Make a Match
  - Rocket Rescue or Space Race
  - Sentences or Sentence Substitution
- 🔥 Pour flour, rice or lentils into a shallow tray or plate. Challenge your child to write a given letter, digraph, trigraph or tricky word in the food using their finger.



### Weekly Writing Tasks (Aim to do 1 per day)

- 🔥 Help your child learn to spell the Phase 2 High Frequency Words independently. Can they write them in a sentence? Remember to follow the school [script](#).
- |     |     |      |     |     |
|-----|-----|------|-----|-----|
| an  | as  | at   | him | big |
| if  | in  | is   | it  | not |
| of  | off | on   | can | got |
| dad | had | back | and | but |
| get | up  | Mum  | his | put |
- 🔥 Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them and draw the finished meal. Some children may be able to write a few short sentences as instructions.
  - 🔥 Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer. Support them to design a package for a treat of their choice.
  - 🔥 Encourage your child to write a letter to their teacher or a friend from the class. Take a photo of the letter and send it to the year group email [FS2@spaldingparish.lincs.sch.uk](mailto:FS2@spaldingparish.lincs.sch.uk). We will forward your letter to the requested recipient.

## Learning Project - to be done throughout the fortnight: Food

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

🍌 **Mrs Mulley's Challenge:** SPCEDS Bake Off



🍌 **Healthy/Unhealthy:**

Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you. Look at the [Eatwell plate](#) to help figure out which foods they should eat a lot of or not very much of.

Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute [shake up](#).

🍌 **5 a day:**

Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
 apple						
 peas						

🍌 **Play shops:**

Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

🍌 **Where does our food come from?**

Research where in the world different food comes from. You could use a map to record your findings:

🍌 **Potato/ Vegetable Printing:**

Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:



## Additional learning resources parents may wish to engage with

**National Smile Month .... WHAT MAKES YOU SMILE??** Explore the resources [here](#).

**National Sports Week at Home 2020:** Register and take part [here](#).

**Summer Reading Challenge:** Join the 'Silly Squad' and sign up to the challenge [here](#).

**Science Fun At Home:** Click [here](#) for ideas for Science investigations that can be done at home using household objects.

**Classroom Secrets Learning Packs** - These packs are split into different year groups and include activities linked to reading, writing, maths and practical ideas you can do around the home.

**Twinkl** - to access these resources click on the link and sign up using your own email address and creating your own password. Use the offer code UKTWINKLHELPS.

**Headteacherchat** - This is a blog that has links to various learning platforms. Lots of these are free to access.

**Youth Sports Trust 60 Second Challenges** A range of activities for you to try. Find a daily activity by following us on Twitter [@YouthSportTrust](#).

See the Spalding Parish C of E Day School [Update of Websites](#). Follow [@FS2SPCEDS](#) on Twitter or email your Year Group on: [FS2@spaldingparish.lincs.sch.uk](mailto:FS2@spaldingparish.lincs.sch.uk)