



Spalding Parish Church of England Day School



Learning Project – Food

Age Range: Year 1

Maths Tasks (Aim to do 1 per day)

- 👉 BBC Bitesize are producing daily lessons.
<https://www.bbc.co.uk/bitesize/dailylessons>
- 👉 Working on [Numbots](#) - your child will have an individual login to access this. (Your Rock Star Timetable login works for this.)
- 👉 Play on [Hit the Button](#) - number bonds, halves, doubles and times tables.
- 👉 Look in the cupboards and the fridge. Sort some of the foods you can find into different groups. Which food group has the most or least amount of items? What is the different between the two groups? Which item of food is the lightest or heaviest? Why might this be?
- 👉 Play the game [Fruit Fall](#) - answer the data handling questions based on how many pieces of fruit you catch.
- 👉 Choose and draw a 2D shape of your choice. List how many sides, vertices and lines of symmetry it has.
- 👉 [Mathletics](#)

Reading Tasks (Aim to do 1 per day)

- 👉 [Summer Reading challenge](#)
- 👉 Remember to hear your child read on a daily basis and talk about what you have read together. Examples of questions to ask can be found [here](#).
- 👉 Read out loud the ingredients on the back of a tin or cereal box to an adult.
- 👉 Find a cookery book in the house or online and read the ingredients needed to make something.
- 👉 Find a food leaflet in the house and read some of the items. Make a list of the food in alphabetical order and add on sound buttons.
- 👉 Read a variety of books and make a list of all the different types of food you find.
- 👉 Read common exception words and time how long it takes for you to read them all. Can you beat your score by the end of the week? It is really important that you are able to read and spell these words before the end of the school year so keep working hard on them please!
- 👉 Your child can log on to [Oxford Owl](#) and read a book that matches their book band.

Phonics/Spellings Tasks (Aim to do 1 per day)

- 👉 Daily phonics - ask your child to practise their sounds and blend words. Interactive games can be found using the links below.
[Phonics play](#)
[Top Marks](#)
[Spelling](#)
- 👉 Access the Monster phonics website, which is the resource that we use in school, and their daily lessons.
[Monster Phonics](#)
- 👉 Can you think of words that have the long vowel 'o' sound and record them in groups for example o, o_e, oa, ow, oe? Can you illustrate them and write the whole word? When you have done this, select some of the words to write into a silly sentence.
- 👉 Recap on spelling the days of the week, remember to always use a capital letter for the start of the day of the week.

Writing Tasks (Aim to do 1 per day)

- 👉 Create a shopping list for the week. Can you group the items onto food groups. E.G. fruit and vegetables, meat, dairy.
- 👉 Write a recipe for a healthy meal of your choice. Can you use sub-headings for the ingredients and instructions?
- 👉 Write a set of instructions for making toast. Can you use imperative (bossy) verbs?
- 👉 Design a new label for a cereal box. What eye catching information will you add? Can you use an exclamation mark?
- 👉 Write a poem about your favourite food.
- 👉 Design a new milkshake. Which ingredients will you include? Can you label the milkshake? Will you have a mascot that is linked to your new creation? Can you make the milkshake?
- 👉 **Writing Task: [Brian Bear's Picnic](#)**
Talk for Writing – Home Booklet (Two-week project).
(A donation has been made to Great Ormond Street Hospital Children's Charity so that you can use these at home for free.)
- 👉 Practise forming the letters of the alphabet, following the [school's script](#).

Learning Project - to be worked on between Monday 22nd June to Friday 3rd July

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

🔥 **Mrs Mulley's Challenge:** SPCEDS Bake Off

🔥 **Balanced diet:** Show your child this [video](#) about how to have a balanced diet.

Play these [games](#) about healthy eating.

What do we have today? Look in the kitchen to see if you can create an A-Z list of foods.

🔥 **Fruit and vegetables** - Draw pictures of fruit and vegetables in your house. Label the fruit and vegetables and place in alphabetical order.

🔥 **Sorting activity:** Collect food from the kitchen and sort into healthy and unhealthy foods.

🔥 **Design a poster** - Think about the foods you like to eat and food that you need to eat to keep you healthy. Create a poster that you can put in the kitchen or in the school hall. Will you be able to use any food wrappers or make your poster interactive?

🔥 **Healthy lunchbox:** Can you play this [game](#) and make a healthy lunchbox?

🔥 **Traditional food:** Many cultures have various dishes of food to celebrate their festivals. Find out about a festival and compare it to a different festival. What are the similarities? What are the differences? How is the food prepared? Do you have any traditional food you enjoy with your family?

🔥 **Restaurant:** Can you plan a menu? Think about what you would like to have on your menu. Can you design a menu for a vegetarian? Can you design a menu for a vegan? Will you have options on your menu for people who have allergies? Look around the house for any leaflets or take away menus. What price is the food? Can you do any meal deals?

🔥 **Designing a school menu.** Can you design a new school menu? What could you add? What would you keep the same? Will it be a healthy school menu? Can you find pictures or draw pictures to add to your menu? Plan out your menu and remember to include prices. Will you have a different menu everyday?

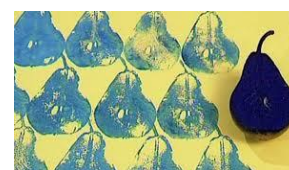
🔥 **Cooking:** Find a few recipes and check if you have the ingredients at home and cook a meal for your family. Think about a starter, main and dessert. Can you cook as a family? Who will do the measuring?

🔥 **Fruit survey:** Ask in your family the different fruits they like to eat. Collect the information and add it to your tally chart. Can you represent this information in a particular way?

🔥 **Fruit and vegetables printing:** Look at the [work](#) of the artist: Lynn Flavell. How does she represent fruit and vegetables? Can you create a piece of artwork in the style of Lynn Flavell.



Child	1	2	3	4	5	6	7	8	9	10
Apple										
Banana										
Orange										
Strawberry										
Peach										
Watermelon										
Grapes										



Additional learning resources parents may wish to engage with

[Lincolnshire Virtual School Games](#) – Active Lincolnshire have designed a programme of fortnightly virtual challenges for you to complete and enter. Second up, get ready for cricket.

National Smile Month WHAT MAKES YOU SMILE? Explore the resources [here](#).

National Sports Week at Home 2020: Register and take part [here](#).

[ThinkUKnow](#) – Online Safety at Home activities.

[Explorify](#) – A range of science based activities.

[Fun at Home Science](#) – Lots of great science ideas for you to do at home.

[Nessy](#) – Phonics and Spelling. Use secret word 'PUZZLINGIGLOO', your name and class to login.

[BBC Super Movers PSHE](#) – Use the videos and activities to get talking about the importance of teamwork and knowing right from wrong.

See the [Spalding Parish C of E Day School update of websites](#).

Follow [@Y1SPCEDS](#) on Twitter or email your year group on: Y1@spaldingparish.lincs.sch.uk